



Addendum ***2002-2003 Cub Scout Program Helps***



Enclosed are instructions for activities that were referenced in *2002-2003 Cub Scout Program Helps* or *Cub Scout Roundtable Planning Guide*, but which were deleted during the editing process.

-- National Cub Scout Committee

SEPTEMBER 2002

Star Relay (Bear Den Meeting Activity)

Cut out stars from construction paper or tissue paper one-inch in diameter. Boys form a relay line and take one straw each. They suck air through the straw creating a vacuum against the star, and then lift and carry it from the beginning line to the finish line, without touching the star. If the star falls, pick it up using only the straw.

DECEMBER 2002

Holiday Headgear Creation Station (Pack Meeting Gathering Activity)

Materials: Crepe paper, string, construction paper, scissors, stapler, tape.

Lay out the supplies for boys and girls to make caps to wear. The caps may reflect their heritage, Christmas "elf" hats, African "box" hats, Orthodox black hats, etc. Bring in pictures and/or library books for the children to follow in their creations. A parade where each den exhibits their hats can follow the gathering period.

Holiday Bag Game (Roundtable, Separate Meeting for Tiger Cub and Cub Scout Den Leaders)

Number ten paper bags from one to ten. Put a familiar holiday-related item in each bag and staple shut. Each boy is given a pencil and paper on which he numbers one through ten. He tries to guess what is in the bag by feeling through the paper, and records his guess on his paper. Boy with the greatest number of correct items is the winner.

Tic-Tac-Snow – Elective 9b (Wolf Den Meeting Activity)

Divide boys into pairs and have each pair draw a tic-tac-toe board on a piece of paper. Mark five cotton balls with a red dot and five cotton balls with a green dot. To play, give each player 5 cotton balls of one color. As in tic-tac-toe, the object is to get three cotton balls in a row.

FEBRUARY 2003

Den Leader Minute: Our Flag (Wolf Den Meeting Activity)

Our country's flag is made up of thousands of individual threads and stitches. None of them separately is anything more than a thread or stitch, but put them together and they make a flag. Just like our den is made up of individuals, our country is made up of millions of individual persons. When we join together, work together and stick together, we can accomplish great things. I'm glad we're working together in this den. Thank you, Cub Scouts. Good night.

Flag Relay (Bear Den Meeting Activity)

Materials: Two small flags on sticks and a mound of clay large enough to hold the flags upright. Have a picture of men helping raise the flag on Iwo Jima.

Divide den into two teams and place the clay at a distance from the starting line. Talk about why the picture is so meaningful in U.S. history.

Give each team a flag. On signal, the first boy from each team runs and places the flag into the clay. He returns and tags the next boy, who runs and picks up the flag and returns it to the line. Repeat until all boys have had a chance to raise the flag and end with the flag in the clay. The first line finished shouts "Hooray, Hooray for the USA"

Crossing the Delaware Game (*Bear Den Meeting Activity*)

Create the river by laying out two ropes parallel, about 10 feet apart. Divide den into teams. Play patriotic music as they run back and forth from one side of the river to the other. When the music stops, all who are in the river are out of play. Continue in the same manner until only one Cub Scout is left. He is granted the title of George Washington, and is first in line for a snack.

MARCH 2003

Advancement Ceremony: Illumination (*Pack Meeting*)

Props: Artificial campfire; shallow dish with wick and oil; chimney lamp; candle in self-contained holder; regular electric lamp.

Setting: Place items on separate small tables at front of room; arrange awards at each station.

CUBMASTER: Cub Scouting is a way of life. Let's compare Cub Scouting with "artificial light," a good representation of the product of many scientists. When man first thought about light, it was the natural light of the sun. In Cub Scouting, a boy's first experience is Tiger Cubs. (*Turn lights out. Turn on artificial campfire.*)

When people discovered fire, they also discovered lighting. Campfires and **burning wood** were the first artificial light. In Cub Scouting the first man-made light is Bobcat. (*Lights wick in dish.*)

Light progresses and boys progress. Someone discovered that a rag in animal fat makes a better and more lasting light. Our boy becomes a Wolf Cub Scout; the lasting light compares with the Arrow Points he can earn. (*Lights the candle.*)

Lights are getting bigger and better. Our boy is growing. We can mold animal fat around a string and get a better light. We can mold a boy and get a Bear Cub Scout. (*Lights indoor chimney lantern*)

Fuel oil was discovered in this country, and the kerosene lamp was developed. Now we have a better light and a Webelos Scout. (*Lights the electric lamp*)

Thomas Edison put two wires in a vacuum tube and watched them glow in light. Our boys are prepared to become Boy Scouts. (*At this point, turn on room lights and present the actual awards by calling each group of boys and their parents or guardians forward to the appropriate table. Boys and family members may remain standing behind each table until all awards are presented.*)

We, as Akelas for these boys, are a guiding light toward the great power that lies in darkness in their minds. We congratulate these Cub Scouts for coming out of the darkness and growing brighter at each Scouting function. As they grow, so does the world.

Buoyancy Experiment (*Tiger Cub Den Meeting Activity*)

Materials: Bucket; aluminum foil; water; hammer.

Fill bucket with water. Have each Tiger Cub make a little foil boat and float it on the water. Take the foil out of the water and make it into a little ball. Then hammer the ball as flat as possible. Fold it over and hammer it more. Put the foil ball back in the water. Observe what happens.

Why does it do that? The foil boat floated. That is because it was not as heavy as the water it pushed away.

When you made the foil smaller, it could not push away enough water to float. The ball weighed exactly the same as the boat. But it got so small it was heavier than the water it could push away. So it sank. Even

though a ship is very big and very heavy, it is not as heavy as the water it pushes away. That is why a big ship made of steel can float!

APRIL 2003

Invisible Pyramid Skit (Roundtable Skit)

A boy comes out, finds a spot, and assumes a sitting position. The next boy comes out and sits next to him. The den forms a row of seats, with the end boys sitting at right angles. A last boy comes out and asks what they are doing. They respond they are sitting on the invisible pyramid. The boy says, "You can't do that, I moved it last week." All boys fall to the ground.

Stepped Pyramid (Bear Den Meeting Activity)

Experts believe that each pyramid is a tomb built for a pharaoh (king) as the final resting place. It is believed the steps on the first pyramids represented a stairway that the dead king could climb to join the other gods among the stars.

Supplies: Sugar cubes; "mortar;" cardboard covered in aluminum foil

To make mortar, beat together one egg white and a pinch of cream of tartar until soft peaks form. Add 1½ cups powdered sugar, 1/4 cup at a time, beating until well combined.

Using the mortar and a pastry brush, assemble the base of the pyramid by gluing sugar cubes onto the foil-covered cardboard. Start with six rows of six cubes. The second layer will be five rows of five cubes each and will be placed like bricks.

Continue this method to add three more layers, each time decreasing the number of rows by one cube. Finally, top the pyramid with a single cube.



MAY 2003

Closing Ceremony: DYB Award Presentations (Wolf Den Meeting Activity)

Have each Cub Scout create a category for his own award. Boys can talk about things they are good at. Encourage each boy to recognize that there are a variety of talents. This is a good opportunity to add positive comments about each other. OR use categories like "Did His Best", "Did His Duty to God", "Helped Other People", etc. from the Cub Scout Promise and Law of the Pack.

Action Toss (Bear Den Meeting Activity)

Seat the boys in a circle with their hands in their laps. Warn them to maintain their normal facial expression. The leader makes an action pose showing happiness, anger, surprise, etc. Leader then wipes the action and tosses it to another boy in the circle, calling the boy's name as he does so. The catcher must put on the same action pose, freeze in that pose for a moment, then "wipe" it off and toss it to another boy. When everyone has copied the action pose once, another boy becomes the leader and tosses a different action pose.

JUNE 2003

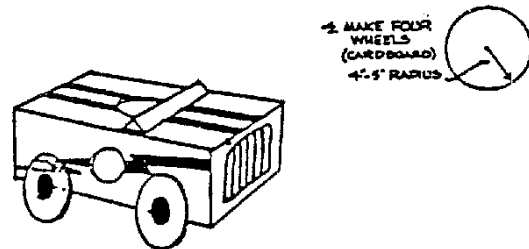
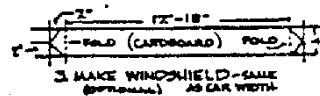
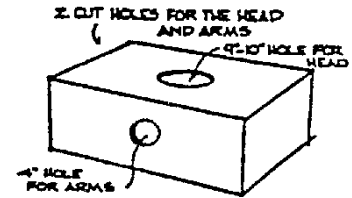
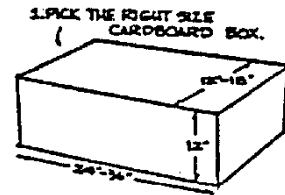
CUBANAPOLIS 400 (Alternate activity mentioned in June introductory paragraph. Also Theme-Related Activity for Roundtable program.)

For many years, the pinewood derby has been one of the most popular of Cub Scout activities. The Cubanapolis 400 allows boys and their families to be even more personally involved in a "car" race.

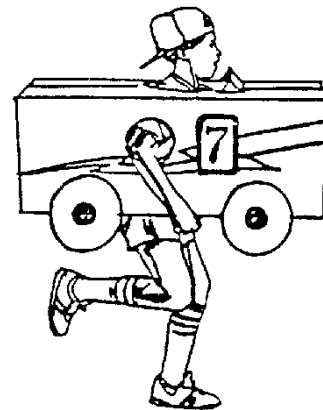
Cubanapolis cars are made from a cardboard box and decorated as desired (see illustration). Each team is composed of the "driver" (the Cub Scout) and "pit crew" (two or three families members). Each driver must wear either glasses or goggles and a pair of lace-up tennis shoes with socks. The pack leadership lays out a track of turns and straight-aways in any large open, grassy area.

The real fun begins with the actual race, which is run in heats of three cars and drivers. Each heat consists of three laps; drivers must make one pit stop. During the pit stop, the pit crew must clean the windshield (glasses or goggles), change the tires (remove shoes, turn socks inside out, then replace and re-tie shoes), and refuel (driver drinks 4-ounces of water through a straw) before the driver can restart.

Prizes can be awarded as desired – for each heat or for overall timed competition. Just as in pinewood derbies, there may also be contests for most original design, best workmanship, and other categories.

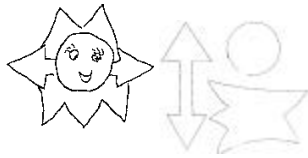


5. ASSEMBLE WITH GLUE.
6. DECORATE AND PAINT AS DESIRED (BE ORIGINAL!)



Sunshine Neckerchief Slide (*Wolf Den Meeting Activity*)

Materials: Yellow craft foam, wiggle eyes, tacky glue.



Cut pieces of slide from craft foam (one of two-pointed arrow, one of background, one of circle). Glue eyes to the circle; draw mouth with permanent marker. Bend arrows and push through slits in the backing piece. Leave approximately 1” opening for neckerchief to slide through. Glue face circle to backing.

Soggy Scramble (*Wolf Den Meeting Activity*)

Distribute copies of the word scramble:

1. oshe
2. vweas
3. klae
4. pcu
5. relknirps
6. ketbuc
7. selddup
8. wrtea llbanoo
9. fctaeu
10. immwngis loop

Boys rearrange letters to reveal words of items relating to water in the summer.

Answers: (1) hose, (2) waves; (3) lake; (4) cup; (5) sprinkler; (6) bucket; (7) puddles, (8) water balloon; (9) faucet; (10) swimming pool

JULY 2003

GORP Trail Mix (*Wolf Den Meeting Activity*)

GORP is an acronym for good ol' raisins 'n' peanuts.

Mix the following and place in resealable plastic bags for hiking: dried banana chips; dried apricots; dried apple chips; sunflower seeds; pretzels; cereal squares; round breakfast cereal; chocolate chips; sugar-coated chocolate or peanut-flavored candies; cashews; walnuts.

Be sure no boys have nut allergies before mixing ingredients.

AUGUST 2003

Fruit Leather (*Bear Den Meeting Activity*)

It was possible to have fruit to eat when traveling by wagon train by turning it into “leather.”

Ingredients: 2 cups of ripe fruit (berries, cherries, plums, apricots, peaches, apples, or a combination of these)

Utensils: Table knife, blender, cookie sheet, plastic wrap, and wooden spoon

Wash the fruit and let it drain. Cut it into small chunks. Leave the peels on—they are chewy and nutritious. Put the fruit in the blender and blend while counting to 15 slowly. Pour the mixture out onto a cookie sheet lined with plastic wrap. Let it dry in a warm place for a day or so.

To eat, peel the fruit off the plastic wrap. You can also roll it up on the plastic wrap and store it in a covered container.

Quill Pens (*Bear Den Meeting Activity*)

Use a turkey feather and whittle the tip to a sharp point. Sandpaper will help make the tip smooth. The point will need to be sharpened again after it is used. Make sure the boys write with washable ink.

